

Holter System

Model: Mi-Rhythm

QUICK GUIDE

RENCARE CO., LTD

GURSOY TERCİME
HİTİTİN DEKİ
Strazburg Cad. No: 20/2. Kat / Nişliye/ANKARA
Tel: 0312 229 73 47 / 0312 230 23 29
K. No: 11062131274

Storage Conditions -20°C +55°C <%95RH

Transportation Conditions -20°C +55°C <%95RH

Atmospheric pressure 700hPa-1060hPa

Thanks for your support.

Please check this Quick Guide, if you have any questions while using the device.

Safety warning

1. Please do not remove, repair or change the device and accessories.
2. Do not keep the device at a high temperature, gassy, pressurized or vaporous locations and keep the device away from water.
3. Measurement information of the device is merely based on the doctor's diagnosis.
4. Use the original accessories of the device, otherwise, the measurement result may be affected, or the measuring function of the device may break down.
5. Keep the recorder in a dry atmosphere and keep it away from wet locations and sudden strike.
6. If the equipment gets wet accidentally, stop using the device, dry the device and contact the manufacturer.
7. Avoid fast and strong moves while recording especially try to keep the upper body still to avoid mismeasurements.
8. Avoid sweating while using the device as it affects the results.

Disclaimer

These situations are not covered by the guarantee.

1. Damages arising out of misuser of the device (not following the instructions).
2. Damages arising out of user's modifications on the device.
3. Damages arising out of environmental conditions.
4. Damages arising out of abnormal external conditions.
5. Damages arising out of natural disasters or others force majeure.
6. Damages arising out of the disintegration of the device.
7. Missing purchase receipt.

Bind the device

1. Download and install APP

Use this product, you need to install APP on your mobile phone (please contact with us to get APK for installation).

! Note:

The system version must be Android 4.3 and above version.

2. Login

Run APP, enter into login interface.

Stand-alone version doesn't need to register, you can click on the "login", enter the account and password to log on.

3. Search and bind the device

Press the ♥ button on the device, then the green light turns on twice, indicating that the device has been turned on.

In the main interface, select the "Me - > "my devices" - > "search for device" - > select equipment -- -- > "binding equipment" to establish connection with mobile phone app.

Wear a recorder

! Note: Before wearing the recorder, make sure that the recorder has enough power, otherwise it may not be able to meet the requirements of long-term ECG monitoring.

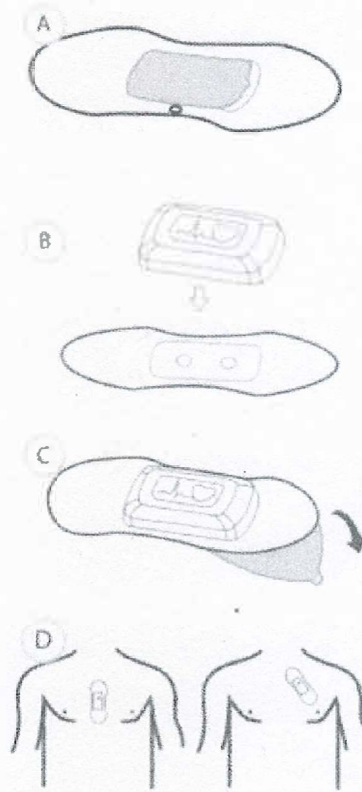
1. Clear the skin

Before wearing the recorder, it is advisable to clean the skin to attach the ECG sensor (e.g., wiping the skin with a wet tissue or wiping the diluted cotton) to improve the quality of the signal acquisition. After the skin is dried, then wear a recorder.

2. Install electrode (use special electrode)

! Note: First confirm that the device has been turned on, press the heart-shaped button, and see that the green light is on.

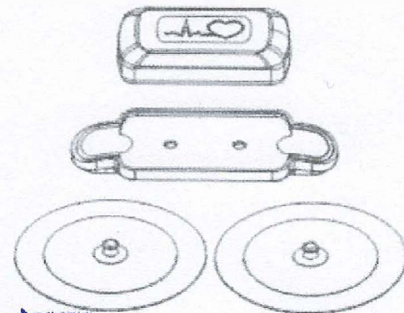
- A. Remove the paper in the middle of the ECG sensor, you can see the two conductive contacts
- B. Align the conductive contact in the center of the electrode with the metal boss at the bottom of the equipment, so that the two are glued together and pressed tightly.
- C. Uncover the transparent paper on the back of the ECG sensor.
- D. Attach the electrode to the human body according to the position shown in the drawing, press it tightly and flatten it. Note that one end of the lamp is facing the user's upper or right side.
- E. Remove the front white release paper.



3. Install electrodes (using traditional electrodes)

! Note: First confirm that the device has been turned on, press the heart-shaped button, and see that the green light is on.

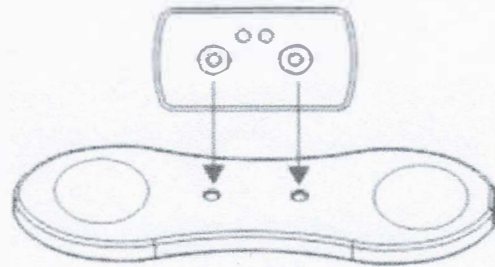
- A. Position the device over the adapter



D. Attach the electrode to the body according to position D in the figure above, and press it tightly and flatten it. Note that one end of the lamp is facing the upper or right side of the user.

4. Install electrodes (using hand-held electrodes)

! Note: First confirm that the device has been turned on, press the heart-shaped button, and see that the green light is on.



A. Position the device above the adaptor to align the hole so that it is in close contact.

B. Clean the contacts on both ends of the adapter and the thumb or index finger of both hands with an alcohol wool.

C. Press the adapter metal contact with a cleaned finger and keep it loose.

Start the guardianship

Add user information to the APP interface. Enter the monitoring interface with the electrode and select Start the monitoring to enter the monitoring process.

The monitoring device stores the data and synchronizes it to the phone from time to time.

End of care

Click "End Monitoring" on the APP interface, or reach the preset time, the monitoring will end.

When the monitoring device is over, the data will be automatically transmitted to the phone via Bluetooth.

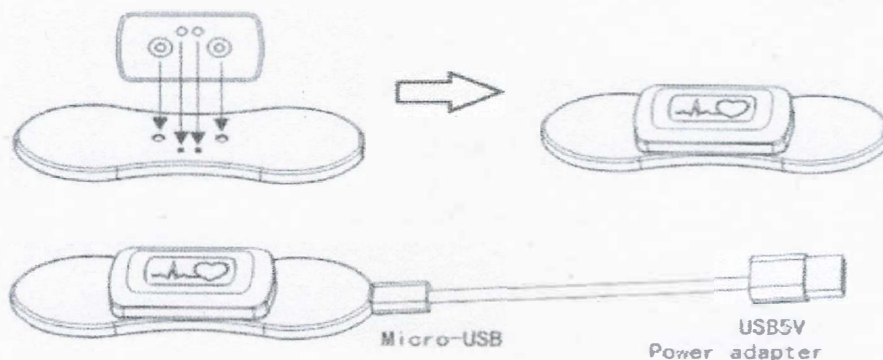
Check the report.

After monitoring, double-click the name on the recording interface to view the automatic analysis report, and long press "name" on the recording interface to upload it, or select "consulting expert" on the reporting interface. Data can be uploaded to the background diagnosis center and the expert diagnosis report can be obtained.

Charging device

Place the charger according to the device, and align 2 metal contacts of the host with 2 elastic pins of the charging box.

Connect the charging box with the USB cable and the 5V USB power supply to charge the device. At this time, you can see the green light flashing.



Trouble Shooting

1: How to switch the machine on and off?

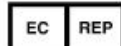
Short press. Type key for about a second, see the green light flashing indicates that has been turned on.

Long press the C-shaped button for 3-5 seconds, and when you see the red light flashing, it means the machine is off.

2: What does the color light mean?

light color	The color of the light represents the meaning
green	The green light flashes 2 times when the machine is turned on. When the power is not recorded (10% of battery >), the green light flashes twice every time the button is pressed. Green 1 When the Bluetooth connection is successful, the green light flashes twice. During charging, the green light flashes continuously. When fully charged, the green light is always on.
red	When the power of the device is less than 10%, the red light flashes twice at an automatic interval of 10 seconds. Red 61 When the power of the device is lower than 10%, the red light flashes twice every time the button is pressed. Long press the shutdown action, the red light flashes twice, and then the shutdown. The red light is always on when the fault is self-checked.
blue	When recording in blue, the blue light flashes twice (the priority is lower than the red light) after pressing the key once.

 RENCARE CO LTD
5/F Bldg 1 Yali Industrial Park No.13 Tianbao Rd Yingrenshi Community Shiyan Street
Bao'an 518108 Shenzhen, China

 Well Kang Ltd
Enterprise Hub, NW Business Complex, 1 Beraghmore Rd. Derry, BT48 8SE, Ireland

 0123

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GURSOY TEZGİNE
Hüseyin GURSOY
Strasbourg Caddesi 30/A Kat: 1/Şişli/ANKARA
Tel: 0312 279 73 91 Faks: 0312 230 73 29
A. Rep. Vat. Olmayan 13064131274